

SEMI PRIVATE PERSONAL TRAINING

2x per week = \$60

3x per week = \$80

UNLIMITED = \$90

103.6KG

89.4KG





PRIVATE PERSONAL TRAINING

Hugh = \$80 per session

Lexi = \$60 per session

EXTRA SERVICES

"Every morning you have a new opportunity to be a better version of yourself"

- unknown

MEMBERS

NON MEMBERS

**WEIGHT
MANAGEMENT
COACHING**

FROM \$40

FROM \$60

HEALTH COACHING

FROM \$50

FROM \$80

DIET PLAN

\$80

\$100

**STRENGTH AND
CONDITIONING
TESTING**

\$20

\$50

BODYSCAN

\$40

\$60

SWIPE <<<

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